

Valdez Native Tribe
PO Box 1108
Valdez, AK 99686

DO NOT FOWARD
PLEASE RETURN TO SENDER



Board

President.....Jim Ujioaka
Vice President.....Bill Smith
Secretary.....Sheila Jordan
Treasurer.....Frieda Wiley
Board Member.....John Boone
Board Member.....Danny Christoffersen
Board Member.....Hope Roberts

Office Staff

Tribal Administrator.....Anna L. Bateman
I.H.S Program Director.....Anna L. Bateman
Secretary/Bookkeeper.....Julie Smith
CHR/BIA.....Melinda Smith



ALASKA
NATIVE
HERITAGE
CENTER

Show Respect to Others
Each Person Has a Special Gift

20th ANNIVERSARY

College Fair

March 12th 2019

NOON - 6pm

Explore college and career
opportunities within the state
and beyond.

Alaska Native Scholarship
Opportunities and more.

Summer internship
information available

Name _____

St. Patrick's Day Matching

Draw a line from each word on the left to the matching Saint Patrick's Day picture on the right side of the page.

Hat



Gold



Shamrock



Rainbow



Leprechaun



Flag





Ingredients

- 3 pounds corned beef brisket with spice packet
- 10 small red potatoes
- 5 carrots, peeled and cut into 3-inch pieces
- 1 large head cabbage, cut into small wedges

Directions

1. Place corned beef in large pot or Dutch oven and cover with water. Add the spice packet that came with the corned beef. Cover pot and bring to a boil, then reduce to a simmer. Simmer approximately 50 minutes per pound or until tender.
2. Add whole potatoes and carrots, and cook until the vegetables are almost tender. Add cabbage and cook for 15 more minutes. Remove meat and let rest 15 minutes.
3. Place vegetables in a bowl and cover. Add as much broth (cooking liquid reserved in the Dutch oven or large pot) as you want. Slice meat across the grain.

Valdez Native Tribe

March 2018

Are you a Veteran? Are you signed up for all your Veteran benefits? If you or someone you know need help or assistance with any of these questions, Please call William F. Smith at 835-3925. If there is no answer please call his cell at 831-1378 or send an e-mail to imeyak@valdezak.net



Valdez Native Tribe Board
of Directors March
Meeting will be announce
on Facebook. If you have
anything to bring up,
please contact a Board
Member so that it may be
added to the agenda.

835-4951



Valdez Native Tribe
will be
CLOSED
March 22nd and 25th
Happy Chenega Day
And
Seward's Day



Daylights savings time
Sunday March 10th
don't forget to Spring
ahead one hour!



Just a reminder if you have not sent in your updated
"Authorization Packet" your file will be out of
compliance with Indian Health Services as of
April 1st

YOUR MEDICAL BILL MAY BE DENIED PAYMENT

If you need another form or help with filling it out
please stop by the VNT office between 8am - 5pm

ELDERS POTLUCK

Will be held on Thursday March 16th 6PM at the
Valdez Native Tribe.

Everyone is welcome to attend!



SAVEALIFE

YOU CAN SAVE SOMEONE'S LIFE

Learn How to Recognize & Prevent an OVERDOSE!

Tuesday, March 5th, 2019 7:00pm - 9:00pm

Valdez Native Tribe Community Room, 1750 Zurich Loop RD

FREE NARCAN TRAINING

Learn what to do in case of an overdose and how to administer the lifesaving overdose reversal agent know as Naloxone or Narcan. Narcan is the antidote to an opioid overdose.

FREE NARCAN KIT

UPON COMPLETION OF TRAINING

Space is limited .

**To reserve your spot at the training,
please call 907.835.4951 to register**