



## May 5th is the National Day of Awareness for Missing and **Murdered** Indigenous Women and Girls

- **4 out of 5** of our **Native women** are affected by violence today.

The U.S Department of Justice found that American Indian women **face murder rates** that are more than **10 times the national average**

- **5,712** the number of known incidents of **missing & murdered Native American and Alaskan Native women of 2016**. Only **116 cases** were logged into the DOJ database.

- **67%** the number of cases between **2005-2009** that **U.S. attorneys declined to prosecute of native community** matters involving **sexual abuse**.

Valdez Native Tribe **Victims Services Program** honors our women and supports the campaign **#MMIWG**

### Contact

**Samantha Rice, Director**  
(907) 255 - 7172

**Keristyn Weber, Advocate**  
(907) 255 - 7413

**Office Phone**  
(907) 835 - 8069

**24/7 Crisis Hotline**  
(907) 835 - 1144

**Email**  
victims\_services@valdeztribe.org

**Mailing Address**  
PO Box 1634 Valdez, AK 99686

### May is Mental Health Awareness Month



Of those, over **19%** reported having a mental illness in the past year<sup>2</sup>

There is **#noshame** in getting help or in talking about **mental health and addiction**.

That is over **827 thousand people**

Enough to FILL EVERY major league baseball stadium on the East Coast **TWICE**<sup>3</sup>



**Valdez Native Tribe Victims Services** is here to help:  
**(907) 835 - 1144**

SOURCES  
<sup>1</sup>https://www.census.gov/quickfacts/fact/table/USA  
<sup>2</sup>Substance Abuse and Mental Health Services Administration (SAMHSA)'s public online data analysis system (PDAS)  
<sup>3</sup>Wikipedia List of Major League Baseball Stadiums. Retrieved from https://en.wikipedia.org/wiki/List\_of\_Major\_League\_Baseball\_stadiums

If you or someone you know is a **victim of crime** and are in need of help call **(907) 835 - 1144**

## Important Dates

### Orthodox Easter

MAY 2

### Mother's Day

MAY 9

### Valdez High School Graduation

MAY 19

### Gathering Circle

MAY 19

### Memorial Day

MAY 31



## Gathering Circle

Join us on **Facebook Live, May 19th, 6-8 pm**, for our monthly Gathering Circle, as **Alyssa London** and **Diane Selanoff** discuss the role that culture and tradition play in mental health.



**Alyssa London** is a proud enrolled tribal member of the Central Council Tlingit and Haida Indian Tribes of Alaska. She is also a shareholder of Sealaska Regional Corp and Shee Atika Village Corporation. She attended Stanford University where she graduated with honors in 2012. She worked in the technology industry in marketing and sales roles most notably at Microsoft. She also served as an elected youth board member of Sealaska Corporation in 2014.

Alyssa's involvement in pageantry culminated when she was selected as the first Tlingit Miss Alaska USA and with hard work, she was honored as a top 10 finalist on the National level at the Miss USA 2017 competition wearing a custom Tlingit gown that went viral on Facebook.

Alyssa is currently developing the **Culture Stories** digital web and broadcast series in partnership with Alaska Airlines, Alaska Humanities Forum, and First Nations Television through PBS. She is also the Director of Marketing and Communications for Launch Alaska. Alyssa also consults with companies and executives to support their communications. She serves as a board member for the Women's Power League of Alaska. Alyssa also enjoys doing book readings and talks as the author of her first book, **Journey of the Freckled Indian: A Tlingit Culture Story**.



## 24/7 Crisis Hotline

**(907) 835-1144**

- You need someone to talk to
- You need information & resources
- You don't know what to do next
- You are a victim of a crime of trauma
- You are a family member of a victim

If you or someone you know is a **victim of crime** and are in need of help call **(907) 835 - 1144**